Sonoyama Keisuke 26002201991

Money can buy happiness

The human mind has a great influence on the human happiness. Imagine spending your entire life in solitude with no friends and family. Are you happy if you have a lot of money, but feel lonely? Loneliness hurts human hearts.　In this essay, I will focus on when human mind affects human happiness and differences in the way we feel happiness .

I don’t think that if I have a lot of money, I am absolutely happy. Happiness is related on our mind, so it is important how we feel about something in our daily life. I felt happy in many times in my life. I feel happy when I have achieved something through making an effort or when I am talking with close friends. We cannot buy these happiness by money. Bhutan is famous for the happiest country in the world. Bhutanese feel happy although they have few money. They just feel happy to have a home, food to eat, and be with their families. These are natural for us, but they feel happy. Different people feel differently. If we don’t have a lot of money, we can be happy.

In this essay, I showed the relationship between the mind and happiness. For better or worse, the mind can affect happiness. Facing human mind is important for us to be happy. With these ideas, I agree the opinion that money cannot buy happiness.